

MENTONE GIRLS' SECONDARY COLLEGE

YEAR 7 ORIENTATION CAMP  
ARRABRI LODGE WARBURTON EAST

EQUIPMENT AND CLOTHING LIST

*Could you please ensure all of your daughter's clothing is clearly named?*

- Runners / joggers (for activities)
- Pair of thongs (for showers and for gold panning in the river)
- Old runners or river shoes [optional]
- Jumper or windcheater
- Shorts (3)
- T-shirts or similar tops (3)
- Bathers
- Long pants or tracksuit pants
- Parka or waterproof jacket (preferably with a hood)
- 2 towels - beach and bath
- A change of underwear and socks for each day plus 1 spare set
- Pyjamas
- Sleeping bag and pillow (or Doona and 2 sheets)
- Toiletry requirements, (non-aerosol deodorants preferred, please)
- Insect repellent (the march flies are huge, and the mozzies are abundant!!!)
- **Hat** (No Visors), SPF30 cream **No Zinc Cream**
- Plastic bag (for wet towel and washing)
- Drink bottle
- Pencil case and notebook
- Torch
- Sunglasses
- A small container (eg: film canister) for gold collection – Gold Panning afternoon
- A BIG smile ☺

OPTIONAL - camera

*We suggest leaving your mobile phone at home or give it to a teacher for safe keeping whilst at camp. There is very poor mobile reception at camp. Girls will have access to a phone if contact with home is necessary.*

**Spending money** - a maximum of \$10-00 please, HOWEVER YOU MAY NOT GET TO SPEND IT

For speed and convenience of packing, the bus company has requested that, where possible, students have luggage in a soft bag rather than a hard suitcase.

*Camp phone number for **EMERGENCY USE ONLY** – 5966 2202*

*Please retain this sheet for your information*

## YEAR 7 ORIENTATION CAMP INFORMATION SHEET

### Final Camp Payments

Unless alternative arrangements have been made with the Finance and Office Manager, camp payments must be **finalised by Tuesday 16<sup>th</sup> February, 2016**

If your daughter is not going to camp, or you have any difficulty with this arrangement, please contact Mrs Steinfort, Ms Parker or Mrs Witt at the College on **9581 5240**.

**Camp 1**      **7 ABCD**  
**Camp 2**      **7 EFGH**

**Monday 22<sup>rd</sup> February – Wednesday 24<sup>th</sup> February**  
**Wednesday 24<sup>th</sup> February – Friday 26<sup>th</sup> February**

1. On the day of departure students need to assemble on the grass area at the front of the Lecture Theatre. (Charman Road entrance). If it is wet please move into the Hall foyer. Girls report to the assigned teacher to have their names marked on the roll.
2. Girls will need to take a **packed morning tea & lunch** with them for the first day of camp. (No drinks in glass bottles please). All other meals are provided.
3. Cabins/Rooms  
The Year 7 camp encourages students to get to know their form group, teachers and other Year 7 girls in an informal setting and to share different experiences with as many of those girls as possible. When allocating cabins we have placed students with other girls from their form group, whilst activity groups will be more mixed up.
4. Camp Phone Number                      (03) **5966 2202**  
Please only contact the camp in an emergency. Do not expect a phone call from your daughter. Experience has shown us that this can trigger homesickness!
5. **Medication** - Please hand to a staff member on arrival at school on day of departure. All medications need to be in a NAMED ziplock bag and include instructions for use. This would include:
  - Name of medication
  - Name of student
  - Required dosage
  - Frequency of administration

Asthma puffers should be kept with your daughter at all times – when travelling on the bus and when involved in camp activities.

If your daughter requires an epipen, a spare should be brought to camp. Teachers will take the epipen stored at school to camp and take it to each camp activity for you.

If your daughter suffers from travel sickness please give her the required medication on the morning of departure; send the dose required for the return trip with her.

6. Please note the arrival and departure times. The buses must leave promptly. If you are picking up your daughter we ask that you are on time. If you are not collecting your daughter please be sure she is aware of the arrangements that have been made before she leaves for camp.
7. If your daughter is unwell and unable to come to the camp please ring the College Junior Office on **9581 5240** and leave a message on the answering machine before 8.00am on the morning of departure.
8. 7EFGH will have their normal scheduled classes Monday and Tuesday.  
7ABCD will have their normal scheduled classes Thursday and Friday.

**Departure:**  
**Return:**

**Students need to be at the college by 8.30am**  
**Between 3.00pm and 3.15pm**